



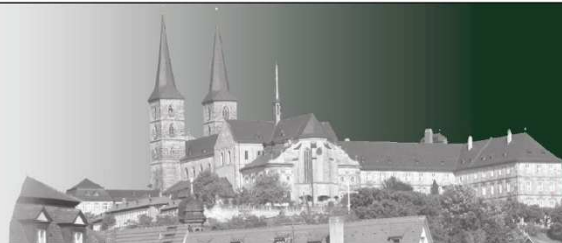
WARNER WEEKLY

News & Information at Your Fingertips

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Thur. Dec. 10, 2009



Soldiers assist German troops to prepare for Afghanistan deployment



By Douglas DeMaio, USAG Bamberg Public Affairs

Bamberg Soldiers are assisting members of the German army's 2nd Company, 466th Maintenance Battalion, to prepare for a deployment in 2010 to Afghanistan.

Soldiers from U.S. Army Garrison Bamberg have an immensely close relationship with members of the Bundeswehr unit, so when German military leaders were informed they would soon deploy, arrangements were made for some combined training.

(TROOPS continued on page 14)

Douglas DeMaio

German soldiers utilize the USAG Bamberg Engagement Skills Trainer to improve their marksmanship skills before their live fire exercise. EST is like an interactive video game that provides computerized feedback for individuals on their point of aim, breathing patterns and trigger squeeze. The system also provides scenarios to assist Soldiers with reactionary skills and weapons familiarization.

Bamberg Equal Opportunity office increases access

By Ashley Bateman,
USAG Bamberg Public Affairs

The installment of Equal Opportunity Advisor Master Sgt. Matthew S. Waldron at U.S. Army Garrison Bamberg now offers Soldiers, and family members a more personal and efficient process to address issues.

While EO support has always been present in the community, the garrison advisor position was vacant for over a year. Waldron believes that his presence will increase access and improvements to current EO capabilities.

"I view what I do as an EOA as an extension of what I've been doing for the last 25 years in the Army, and that's taking care of Soldiers," Waldron said.

Although he worked as an EOA in Hohenfels several years ago, and attended the 16-

(EO continued on page 9)

Santa appears at tree lighting



Douglas DeMaio

Santa made a brief appearance in Bamberg Dec. 4 as kids from U.S. Army Garrison Bamberg gathered around the community tree for the annual Christmas tree lighting ceremony.

Join the Christmas Good Cheer Program and celebrate Christmas with a local German family

www.bamberg.army.mil/documents/goodcheer.pdf

Ham addresses increased troops in Afghanistan

USAREUR Team members,

Last week, our President laid out the way ahead in Afghanistan, which includes sending 30,000 additional troops to seize the initiative and build the Afghan capacity to allow for a responsible transition of our forces.

Our Nation counts on the Army to organize, train, and equip forces that can deploy and achieve the strategic objectives the President sets forth. That is why we exist. You are all volunteers and patriots; however, I know you also wonder how the President's initiative will affect your unit, your post, your family. We do expect some additional USAREUR units to deploy as part of this initiative, and we will notify the units, families and communities affected as soon as the Secretary of Defense approves the deployment orders.

Because of the growth of the Army over the past five years and the responsible drawdown in Iraq, the Army will be able to execute this increase while ending stop-loss and continuing to provide units at least 12 months at home after every 12 months of deployment.

Assuming the drawdown in Iraq continues, we will also continue to make progress toward our goal of at least two years at home station for every year deployed. Even with the increased forces in Afghanistan ordered by the President, we estimate that more than 2/3 of the active component will reach these goals within the next two years.

USAREUR Soldiers, Families and civilians, like those everywhere, are experiencing the stress of repeated deployments. Over the past two years, more than one-third of USAREUR forces were deployed at any given time.

Currently, elements of V Corps headquarters, 21st Theater Sustainment Command, 5th Signal Command, 12th Combat Aviation Brigade and others are deployed, while the 172nd Brigade and the 16th Sustainment Brigade have just returned.

Furthermore, the 1st Armored Division headquarters, 173rd Airborne Brigade Combat Team, 2nd Stryker Cavalry Regiment, 12th CAB and significant portions of 21st TSC and others are preparing to deploy.

As the President noted, this burden is not ours alone to bear. This is not just America's war, and our European Allies are engaged and are even increasing their own troop contributions. Just last week, another iteration of the continuing partnership between 1st Battalion, 4th Infantry Regiment and Romanian soldiers began training in Hohenfels for deployment to Afghanistan.

I share your concerns for our Army families. You have carried an enormous burden in this war, and I am committed to providing a level of care and support that is commensurate with your service and sacrifice.

Our Army has never failed to answer the Nation's call. The American people expect nothing less. They thank you, and I thank you for your service and sacrifice.



Carter F. Ham
Commanding General, USA



Ralph R. Beam
Command Sergeant Major

Customs shopping guide for the holidays

By Robert Szostek,
U.S. European Command Customs and
Border Clearance Agency Public Affairs

Some people are just not good at buying the right gifts. This is usually a matter of taste. However, people new to Europe should note that many items available in Europe that seem like good Christmas presents violate U.S. customs rules.

Some products are banned from the U.S. and others may be carried in baggage, but not mailed. Violations of customs, agricul-

ture or postal regulations can lead to hefty fines and confiscation of the goods.

Meat and meat products are the biggest problems, said Bill Johnson, director of the European Command's Customs and Border Clearance Agency.

"European delicacies like French pâté, German wurst, Spanish chorizo salami and Italian Parma ham are here for the buying and much sought-after in the States," he said. "Unfortunately, they can also carry the spores of Foot and Mouth Disease, a viru-

lent livestock ailment eradicated in the United States."

These products are therefore banned, as are canned meats and even soup mixes or pasta containing meat. Fresh fruits and vegetables are also prohibited because they could harbor pests like the Mediterranean fruit fly.

The threat to U.S. agriculture is so great that Customs and Border Protection (CBP) fine people who mail or take banned foods

(Continued on page 14)



Lt. Col. Gary A. Rosenberg
U.S. Army Garrison
Bamberg, Commander

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Spartans' ceremony concludes European endurance

By Ashley Bateman,
USAG Bamberg Public Affairs

The 793rd Military Police Battalion observed a casing of the colors and change of responsibility ceremony Dec. 8, as the battalion prepares to transition to its new headquarters at Fort Richardson near Anchorage, Alaska.

Speakers emphasized the historical impact of the Spartans over the 65 years since its activation overseas. First deployed to Scotland for training in 1944, the 793rd conducted security operations in Belgium, France and Germany, where they provided protection as part of the occupying force during the Nuremberg War Crimes Trial. The 793rd settled in Germany under the 18th Military Police Brigade, V Corps, U.S. Army Europe.

Col. Thomas P. Evans, 18th MP Brigade Commander, recognized the long list of worldwide achievements the Spartans have sustained.

"For over 64 years, the Spartans have been just that- warriors, engaged in mortal combat around the world, always keen to the Spartan spirit, warriors at heart," Evans said. "The Spartan battalion has been part of the history of countless units...it's a sad day to say farewell."

He interjected some humor into his final remarks.

"For all you Saturday Night Life fans, I have waited eight years to see the Spartans do the perfect cheer," he said. "Spartans, ever vigilant."

Lt. Col. David M. Oberlander will assume command of the 793rd MP BN upon its Alaskan activation.

Before speaking, Oberlander presented a commemorative plaque to members of the Feldjäger Battalion 451. Originally partnered with the Feldjäger Battalion 760 in 1968, the units engaged in a close working partnership, which thrived over the years. This relationship was recognized by the Commander in Chief of USAEUR in 1970 and again in 1991 with the Project Partnership Award.

Oberlander asked the battalion to not only remember their partnership, but the German-American friendship built over the years.

The German unit thanked Oberlander and presented the 793rd with a plaque as well, remarking on the units' joint history.

"I want to talk about the future," Oberlander said following the exchange. "We are the last to stand guard on the last frontier. The location of the unit will change, but the mission will not. We'll continue to serve our



Ashley Bateman

Lt. Col. David M. Oberlander and Command Sgt. Maj. Rick Hodges case the colors for the 793rd Military Police Battalion Dec. 8, as the unit prepares to relocate to Ft. Richardson near Anchorage, Alaska.

nation, we'll continue to keep our motto, achievement with honor."

He then commended the outgoing command sergeant major on his dedication and leadership.

"Command Sgt. Maj. (Rick) Hodges was always taking care of Soldiers," he said. "He ensured that every Soldier was taken care of before he took care of himself. His legacy will live on in hundreds of Soldiers."

Hodges and incoming Command Sgt. Maj.

Richard E. Epps expressed brief thanks to the leaders and Soldiers of the 793rd.

Only a small percentage of Soldiers from the Headquarters Company will transition to Fort Richardson with the unit, which will be primarily made up of Soldiers from other posts.

630th MP Company has been adapted for the relocation, it will now fall under the 709th MP Battalion in Grafonwöhr.

The uncasing of the colors for 793rd in Alaska is set to take place in May 2010.

Community Announcements

Please send all announcements to Bamberg Public Affairs via the following website:

<http://www.bamberg.army.mil/mobi/form.asp>.

(Please note, events are listed by categories and then in order of occurrence.)

Purple Heart ceremony

The Bamberg community is invited to a Purple Heart ceremony for a Soldier of the 173rd Airborne Brigade at 11 a.m. Dec. 14 at the Freedom Fitness Facility.

Firearms notice

In accordance with Army in Europe Regulation (AER) 190-6, Registration and control of privately owned firearms and other weapons in Germany, dated 20 July 2006, it is prohibited for any Soldier, U.S. Department of the Army Civilian (DAC), or Family Members (FM) to own an unregistered Privately Owned Firearm (POF). All POF must immediately be registered with USAG Bamberg Field Registration Station (FRS) located in Bldg 7011 (MP station), Warner Barracks, Bamberg. For more information contact the customs office at DSN: 469-7460/9312, COM: 0951-300-7460/9312.

Security Awareness Alert

The Department of State urges U.S. citizens to maintain good security practices at all times and to maintain a heightened situational awareness and a low profile. Americans are advised to monitor news reports and consider the level of security present when visiting public places or choosing hotels, restaurants and entertainment or recreation venues.

H1N1 Vaccine Available

The Bamberg Health Clinic has a substantial supply of H1N1 vaccine for all categories of beneficiaries over the age of 4 years. The vaccine will be available at the Post Chapel (Family Life Center) Dec. 15 and 17 from 8 a.m. - 4 p.m. and on Dec. 16 from 8 a.m. - 6 p.m. Eligible beneficiaries are encouraged to receive the H1N1 vaccine. There is a limited supply of vaccine for children between the ages of 6 months and 4 years. This is available until it is exhausted. Another shipment for this age group is expected later this month. Children under 6 months cannot receive H1N1 vaccine. The vaccine will be offered to students at the elementary and high school Dec. 14. Students under the age of 15 may only receive the vaccine with a signed permission slip from a parent or if their parent accompanies them. Students over 15 years of age do not require a permission slip from parents to receive the shot, however, it is encouraged for these students to get permission slips as well. The H1N1 vaccine is not a mandatory vaccine for school attendance. Both vaccines are now available to "walk-in" patrons at the Bamberg Health but patrons are encouraged to make use of the vaccine sites at the chapel and schools. If you have questions, please call the clinic at 469-1750.

VA Brief

Want to know more about your veteran benefits? A representative from Veterans Affairs will provide a detailed briefing covering all VA benefits on Dec. 4 from 8 a.m. to noon at the Bamberg Education Center. This Army Career Alumni Program sponsored event is open to all members of the community. For more information, call 469-8925.

Post Shuttle

The Post Shuttle is cancelled during the Christmas holidays from Dec. 24 - 27. For more information, call 469-8606.

Sorority Abroad

All Alpha Kappa Alpha Sorority members in the Bavarian region, we want to see your strength.

Let's get together and have a meal and enjoy some friendly conversation. Please take the time to send your contact information to BavarianAKA@gmail.com We want to begin some "Pearl Mixers" in the area beginning in December.

Photo Contest

The holidays are a great time of year to enjoy special moments and create lasting memories with friends and family. The Army & Air Force Exchange Service is encouraging military shoppers to share those memories. From Dec. 1-31, AAFES shoppers can submit their funniest, most creative or heartwarming photos to PatriotFamily@aafes.com with the title "Memories Etched in Images" in the subject line. The top 50 entries will be posted online and the winners will be announced by Jan. 22. The first place winner will receive a \$1,000 AAFES gift card with \$500 going to the runner-up. Third and fourth place will receive a \$250 gift card and the next five places will earn \$100 each.

3D Campaign

The Save A Life Tour is coming to Bamberg on Dec. 10 and 11 and will be performing two shows both days. The shows will be at the Freedom Fitness Facility at 9 a.m. and 1 p.m. The Save A Life Tour is offered as part of the Drunk and Drugged Driving (3D) Prevention Campaign and is open to all community members. For information or to register for a show, call 469-7038.

Employment Readiness

Making a great resume is no accident. Learn how to avoid common resume "killers" using proven methods for creating an unbeatable resume. Come to Resume 101 on Dec. 23 and Jan. 20 from 2 - 3:30 p.m. in Building 7029. Register no later than 48 hours before class begins. For more information, call 469-7777 or 0951-300-7777.

Family Strong

Army Family Team Building level one is Jan. 12 and 13 from 8:30 a.m.—2:30 p.m. in Building 7487. Get the spouse survival skills you need to build strong family. For more information, call 469-7777.

Federal Employment

Optimize your resume for the Army's automated resume builder. Learn how to conduct your federal job search, analyze the vacancy announcements, identify key words and scrub your resume to maximize your referral chances. Come to Resumix on Jan. 21 from 2 - 3:30 p.m. in Building 7029. For more information, call 469-7777 or 0951-300-7777.

Interview Ace

Learn the unspoken rules of the job interview: how to dress, how to negotiate, and how to answer the most common interview questions. Come to Ace the Interview on Jan. 22 from 2 - 3:30 p.m. in Building 7029. For more information, call 469-7777 or 0951-300-7777.

HHD command opportunity

The Headquarters, Headquarters Detachment, U.S. Army Garrison Kaiserslautern commander position becomes available March 12. Submission deadline is Jan. 4. Interviewing of prospective commanders will begin Jan. 5. For more information on qualification and submission requirements, interested captains can call Capt. John Evans at 493-4373 or e-mail Johnathan.evans@eur.army.mil.

Weekly Reminders

Army Family Action Plan

Do you have an issue you think would better the quality of life for our Soldiers, Families or Retir-

ees? Put your voice to work! Make your voice count today by filling out an Issue Form. Visit <http://www.bamberg.army.mil/sites/mwr/ACSAFAP.asp>.

Family Readiness

Classes for Family Readiness Group volunteer positions are every first and third Tuesday of the month from 10:30 - 11:30 a.m. in Building 7354. Learn the duties of an FRG.

Christmas Good Cheer

Share Christmas with a German family. Take part in this year's Christmas Good Cheer program. For more information, call 469-1600 or visit www.bamberg.army.mil/documents/goodcheer.pdf.

Customs Office

The Bamberg Customs Office is located in Rooms 124 and 125 in Building 7011 across the street from the movie theatre. Customer service hours are from 8 a.m. to noon and 12:30 - 3:30 p.m. Monday to Friday. We are closed on German and American holidays. For more information, call 469-7460 or 0951-300 9312. The fax number is 469-8665. Office personnel are able to assist with importing items, selling items to non-ID cardholder, help visitors family members get permission to drive USAREUR-plated car or get permission to have an ESSO card for rental vehicles by filling out a 175L form. Personnel can also help retirees and widows get permission to go shopping on post if they visit for more than 30 days or live in Germany.

SAM Parcels	Nov. 27
PAL Parcels	Dec. 4
Priority Parcels	Dec. 11
First-Class letters (and cards)	Dec. 11
Express Mail	Dec. 18

**Christmas stamps
now available at Post Office**

Veterinary Facility

Veterinary Office hours are Monday through Wednesday from 8 a.m. - 4 p.m., closed Thursday. Fridays 8 a.m. - noon. No walk-in appointments are available. The clinic is closed on the last weekday of each month for inventory. The clinic is also closed on all American and training holidays. Over-the-counter products and prescriptions may be purchased during regular business hours. For more information or to schedule an appointment, call 469-7972 or 0951-300-7972.

Family Strengths and Stresses

Army Community Service, Family Advocacy Program is here to provide help and support by offering a New Parent Support Program, Newborn Network, Play Group, Parenting Classes, Communication Classes, Victim Advocacy, and Stress and Anger Management Classes. For more information, call 469-7777 or 0951-300-7777.

• **Family Advocacy** - Need assistance in learning how to manage a life full of stress or ambivalence? Come every Thursday to

Building 7487 from 1:30 – 3 p.m. for Anger/ Stress Management Class.

- **New Parent** - Being a new parent can be a challenge. Join the new parent support group every Friday from 10-11:30 a.m. in Building 7487.

Separation Brief on Education

Soldiers separating from the Army are required to talk to an Education Services Specialist on an individual basis. You must know your Separation Program Designator (SPD) code, usually found on your out-processing appointment slip. Call the Education Center at 469-7715 or 0951-300-7715 to set up an appointment.

Pre-Separation Briefing

Planning to move from Soldier to civilian? Take advantage of the transition services offered by the Army Career and Alumni Program, such as a Department of Labor two-and-a-half day job assistance workshop, help with resume preparation, and information about your veterans benefits. Make an appointment to attend the mandatory ACAP Pre-Separation Briefing. The briefing is held weekly and takes about an hour. Separating Soldiers can start the ACAP process one year before separating. Soldiers who will be retiring can start two years out from their projected retirement date. Take the first step by calling ACAP at 469-8925 or 0951-300-8925.

Clinic Hours

The Bamberg Health Clinic hours of operation are as follows: Monday through Thursday sick call is from 7 - 8 a.m.; full service is available from 7:30 a.m. - 4:30 p.m. On Fridays, sick call is from 7 - 8 a.m. and full service from 7:30 a.m. - 12 p.m. We are closed on Friday afternoons for mandatory training. The Health Clinic is also closed on federal holidays and weekends. For more information or if you need to make an appointment, call 469-1750 or 0951-300-1750. If you have a medical emergency, call the Bamberg Military Police at 0951-300-114. You may also call the TRICARE Nurse Advice Line at toll-free number 00800-4759-2330, 24 hours a day, seven days a week to talk to a nurse about your health care concerns, get self-care advice to help you feel better now, schedule appointments with your military provider, and arrange a phone call with your provider.

Deployment Excellence Award Nominations

The Deployment Excellence Award (DEA) program was established in 2000 to recognize Army units for outstanding accomplishments that meet or exceed Army deployment standards. Deploying, redeploying and deploying supporting units or agencies are fully qualified to self-nominate for the award based on their deployment, redeployment, or deployment support process. Nomination packets are due to U.S. Army Europe by Jan. 8. Units interested in applying for the 2010 award are encouraged to contact Aaron Burr at call 370-5407.

Community Activity Center Hours

Bamberg's Community Activity Center operational hours are:

- Monday - Thursday 8 a.m. - 8 p.m.
- Friday - 8 a.m. - 6 p.m.
- Saturdays - 11 a.m. - 6 p.m.
- Sundays - 11 a.m. - 6 p.m.
- Free WiFi is available around the CAC (Building 7047).

ACS Hours of Operation

Army Community Service is open Monday through Friday from 7:30 a.m. - 4:30 p.m. The office is closed on federal holidays but open on training holidays.

Service Office

The U.S. Army Garrison Bamberg Retirement Services Officer /Casualty Manager has relocated

to Building 7290, Room 208, right next to Burger King. For more information, call 0951-300-7514.

Tax Center

The Bamberg Tax Assistance Center has closed its doors for the remainder of the year. For more information, call the Legal Assistance Office at 469-7609/8832 or 0951-300-7609/8832.

Limited Service

The garrison will have limited services after noon on Dec. 18 due to the organization's Christmas parties. Please plan accordingly.

Closures / Changes

Christmas/New Year Worship Services

Bamberg Community Chapel

Catholic

Dec. 8	5-6 p.m. Holy Hour and Confession w/Pather Matthew
Dec. 9	6-7 p.m. Mass w/Pather Matthew
Dec. 16	5-6 p.m. Holy Hour and Confession w/Pather Jerry
Dec. 26	Christmas Midnight Mass and light snacks following service
Dec. 26	11 a.m. Christmas Mass of the Day and light snacks following service
Dec. 31	6 p.m. Mass (Mary Mother of the Church)
Jan. 8	9 a.m. Mass (Epiphany)

Protestant

Dec. 20	11 a.m. Christmas Sunday Service
Dec. 24	7 p.m. Candle Light Service

Church of God In Christ

Dec. 20	12:30 p.m. Christmas Sunday Service
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Free Gospel

Dec. 13	3 p.m. Christmas Service Program
Dec. 19	7 p.m. End of Year Revival
Dec. 20	7 p.m. End of Year Revival
Dec. 20	3 p.m. Christmas Sunday Service

***Dec. 31 10 p.m. Community Wide Watch Night Service**

PAO closure

The Bamberg Public Affairs office will close at noon on Dec. 18 for it's annual Christmas party.

APO and CMR Hours

The Army Post Office and Community Mail Room will have extended hours of operation during the holiday season. From now to Dec. 19, it will be open from 10 a.m. - 2 p.m. on Saturdays.

Personnel Office

The Bamberg Military Personnel Division, including the ID Card Facility and the Passport Office, will close at noon on Dec. 18 and will reopen for customer service at 8 a.m. on Dec. 21.

Christmas Closure

The Vehicle Registration Office and the Installation Access Control System Office near Gate 1 will close at noon on Dec. 18 for an office Christmas party. The IACS office co-located with the ID card section will remain open.

MWR Holiday hours

Morale, Welfare and Recreation facilities will be closed at various times during the holidays. For a comprehensive list, visit the following MWR website.
<http://www.bamberg.army.mil/sites/mwr/HOLIDAY2009hoursoperation.asp>.

Education Center New Hours

Until further notice, the office hours for counseling services at the Education Center will be 7:30 a.m. - 4:30 p.m. The counselor is covering both Schweinfurt and Bamberg. For more information or to set up an appointment, call 469-7715 or 0951-300-7715.

Auto Skills Extends Hours

The MWR Auto Skills Shop and Car Wash, Building 7038, is open seven days a week. (Strip Yard Hours of operation remain the same) Call the Auto Skills Shop at 0951-300 7546.

The hours of operation are:

- Mondays and Tuesdays 10 a.m. - 6 p.m.
- Wednesdays and Thursdays 10 a.m. - 8 p.m.
- Fridays 10 a.m. - 7 p.m.
- Saturdays and Sundays 10 a.m. - 6 p.m.
- Closed on Federal Holidays

Mandatory Briefing

There will be a Subversion and Espionage Directed Against the Army (SAEDA) and Operations Security (OPSEC) briefing on Jan. 14 and 19 at 9:15 and 10:30 a.m. and 1:30 p.m. at the post theater. U.S. Army Europe has directed all Soldiers and Department of the Army Civilians receive this updated SAEDA briefing by Jan. 30. Briefings will begin promptly at the specified times, please do not be late. For more information on the SAEDA briefings, call 469-8742. For more information on the OPSEC briefing, call 469-9477.

Sports, Health and Fitness

Bamberg Barons Basketball Schedule

Dec 11	Bamberg at Vilseck
Dec 12	Bamberg vs Vilseck
Jan 8	Bamberg at Mannheim
Jan 9	Bamberg at Mannheim
Jan 15	Bamberg vs Hohenfels
Jan 16	Bamberg at Hohenfels
Jan 22	Bamberg vs Ansbach
Jan 23	Bamberg at Ansbach
Jan 29	Bamberg vs Heidelberg
Jan 30	Bamberg vs Heidelberg
Feb 12	Bamberg at BFA
Feb 13	Bamberg at BFA
Feb 19	Bamberg at Patch
Feb 20	Bamberg at Patch
Feb 24-27	European Championships (Mannheim)

Racquetball Tournament

Take part in the Smash the Court Racquetball Tournament Dec. 12 from 8:30 a.m. - 3:30 p.m. at the Freedom Fitness Facility. This is a two day tournament dependent on number of participants. Divisions will consist of Men's Open, B and C and Women's Open, B and C. The cost is \$15 per person or \$5 per category that you compete in. Awards will be given to 1st, 2nd and 3rd place winners and a T-shirt will be given to all entries. For more information, email Charles.Fordjr@eur.army.mil.

Soccer

There will be an Indoor Soccer Tournament Jan. 23 at 10 a.m. at the Freedom Fitness Facility. The tournament is double elimination with eight teams maximum. To register, sign up no later than Jan. 15. The cost is \$75 per team. For more information, email Charles.Williams@eur.army.mil.

Spring Hunting Course 2010 at USAG Bamberg

Obtain a German Hunting License while stationed in Germany. A 60-hour course is offered to American citizen ID card holders. Learn game and land management, game disease and harvest plans. Earn the right to hunt and own firearms. Classes are scheduled every Monday, Thursday and Saturday as well as Training Holidays. The first class begins at 6 p.m. on Feb. 1 at Whispering Pines Golf Course Conference Room. The cost is \$150 per person. Additional fees are charged for the shooting range and ammunition. For more information, call 0951-300-9376 or e-mail the instructor at Bambergfishing@eur.army.mil.

Bowling Lanes

The Birchview Lanes Bowling Center is located in Building 7690. Visit the Web site at www.bamberg.army.mil/sites/mwr for latest updates and upcoming MWR events.

- **Freaky Friday** - Every Friday from 11 a.m. - 6 p.m. every hour a score will be posted, bowl that score and receive a free game. The cost per game is \$1 and shoe rental is \$1.75. For more information, call 469-7722.
- **Ladies Night** - Every Friday 6 p.m. to closing, ladies receive free shoe rental and may enter for the monthly drawing. The drawing is last Friday of the month. The cost per game is \$2.25 and shoe rental is \$1.75. For more information, call 469-7722.
- **Pick your Price** - Every Saturday from 11 a.m. - 6 p.m. after completing bowling, pull a ticket to determine what price you will pay for your game(s). For more information, call 469-7722.

Indoor Cycling (Spinning)

Spinning classes are Tuesday and Thursdays between 8:30 - 9:30 a.m. Unit physical training spinning classes will be offered on Wednesday mornings from 5:30 - 6:30 a.m. Instructors will guide you through the ride of your life the will leave you on top of the world! Cost is \$4 per class.

Personal Trainer Available

Want to get in shape with one-on-one personal service? The Freedom Fitness Facility is offering personal training with a Certified Instructor to get you in shape like you always wanted. Fees are \$35 per session or save \$35 by taking five sessions for only \$150.

Continuing Education

Education Changes

All active duty, active Reserve, active National Guard and non-active Reserve Soldiers (Reservists) who enroll in degree programs should request up-front tuition assistance and receive their grades through the GoArmyEd portal at both Letter of Instruction and Non-LOI schools after Jan. 1, 2010. For classes starting before Jan. 1, Reservists should continue to use the current enrollment process through the Web-Enabled Education Benefits System. Reservists should be able to start the process of activating their GoArmyEd student account now. These Soldiers should have received, via email, instructions on how to proceed with their account activation. Reservists are able to use GoArmyEd to request tuition assistance for any class starting on or after Jan. 1. It is expected that after Dec. 15, Reservists will no longer be able to register or request TA using the WEBS, which will be disabled. The U.S. Army Reserve TA point of contact in Wiesbaden, Nelson Villegas, can also assist Reservists and National Guardsmen in getting into GoArmyEd. For more information, call 337-7435 or 0611-705-7435.

Study Abroad

The University of Maryland University College Europe announces two 3-credit undergraduate field study courses, Impressionism and Post-Impressionism held in Paris, France, and Renaissance Art held in Florence, Italy. The registration deadline for these courses is Dec. 18. Both classes are Jan. 9-16. Impressionism and Post-Impressionism in Paris provides students with the opportunity to see famous collections from painters such as Edouard Manet, Edgar Degas, Claude Monet, and Paul Cezanne while learning about the history and impact of late 19th century art. Throughout the course students will hear lectures and participate in discussions based on museum visits. Renaissance Art in Florence includes visits to the world famous museums and churches of Florence, allowing for a

close study of Renaissance art and architecture. Students will stay in Florence, take day trips to Siena and San Gimignano, and learn about great masters including Botticelli, Michelangelo, and da Vinci. For more information, call the UMUC field representative at 314-370-6762 or visit www.ed.umuc.edu/fieldstudy.

College Admissions

Child Youth and School Aged Services is offering a series of three workshops to assist with college admissions and the Free Application for Federal Student Aid. Workshops will cover what the FAFSA is, why it's important, and how to fill out the form. They will also cover scholarship options and other opportunities to receive money for college. Workshops will be from 3:30 - 5:30 p.m. on Jan. 19, 20, and 21 at the JFK Teen Center. For more information, call 469-8345 or email shay.mcneil@eur.army.mil.

German 101

Free Introduction to German is every Monday at noon at the community library. Participants will learn some German words and phrases. For more information, call 469-1740 or 0951-300-1740.

University of Phoenix

The University of Phoenix is open Monday through Friday from 9:30 a.m. - 2 p.m. It is located at the Warner Barracks Army Education Center, Building 7047, Room 309. Leah Gransbery, University of Phoenix field representative, can help you start your master's program. Online and on-site courses are available and degrees can be achieved in 15 - 24 months. For more information, call 469-9280 or 0951-208-5350.

University of Oklahoma Classes

The University of Oklahoma offers masters degrees in Human Relations and International Relations. On-site classes are held in Ansbach/Vilseck/Hohenfels in a six-day intensive format. Please check our interest survey at <http://www.goou.ou.edu/europe/vilseck.html>. For more information, call 467-3325 or 09802-83-3325 or email apansbach@ou.edu.

Youth and Teens

Bamberg School Age Services

Hourly Care !

Hours of Operation

Monday - Friday 0545 to 0800 and 1445-1745
School Out Days: 0545 to 1745

Hourly Rate: \$ 3 / hour

16 Hours Respite Care for Families of Deployed Soldiers 30 day prior to deployment, during deployment & 60 days after deployment. Additional Hours \$2.00.

We Offer 5 Free Hours Per Month

For more information or to reserve a space please contact us at 469-8698.

Rock Climbing for Youth

Join the Basic Rock climbing classes. Learn safety, attire, equipment, how to tie knots, climbing and belaying. There will be indoor climbing and an off post climbing spot. Classes are Wednesdays from 3:30-5:30 p.m. for grades 9-12 and Fridays from 3:30-5:30p.m. for grades 6-8. Open to the first 10 registered for each group.

Teen Basic Auto Repairs

Youth in 8th grade and up can learn basic auto repair and maintenance skills with this class. Learn how to check and change oil, balance tires, etc. Cost is free. must register at Central Enrollment registration. Class is every Wednesday, 4:30 - 6 p.m. throughout November. Must have a mini-

num of three and a maximum of ten participants. Please register with Central Enrollment or call 0951-300-7405. tony.puskorius@eur.army.mil.

Children's Christmas Crafts

When: Sunday, Dec. 20th

Time: 1-3 pm

Cookies & Cocoa provided

At the Community Activity Center

Homework Club

The Bamberg Middle/High School Homework Club meets Tuesdays and Thursdays from 3:15 - 5:15 p.m. in Lab 85. A teacher, other adults and students will be available for tutoring or to assist students academically.

Volunteers needed

The Bamberg Middle/High School is currently seeking volunteers for tutoring students in any subject at the middle and/or high school level. If you would like to help out, please contact Celeste Rush at 469-8874 or 0951-300-8874 or celeste.rush@eu.dodea.edu.

BAMBERG SCHOOL AGE SERVICES

WINTER CAMP OPPORTUNITY

FOR CHILDREN NOT CURRENTLY ENROLLED IN THE BEFORE OR AFTER SCHOOL PROGRAM

"Winter Wonderland"

Week 1
December 21 - December 24

Week 2
December 28 - December 31

Weekly Rates are based on Fee Policy. Rates have been adjusted due to Federal Holidays. 20% Deployment/AFC discount may be used.

Activities Include :

- Theme related Activities
- Trip to Tucherland in Nurnberg
- Bowling
- Nurnberg Christmas Market (4th - 5th Graders)
- Movie Day at Aafes Theater
- Taekwondo and Dance Activities
- Sports Activities and Games

For more Information please contact Bamberg School Age Services at 469-8698 or Central Enrollment & Registration Office at 469-7716. Current CYS Registration is required at time of sign up.

Kids-On-Site

During Christmas Holiday season Dec. 21 to Jan. 4, Child, Youth and School Services will close the Kids-On-Site (childcare during workout program) at the Freedom Fitness Facility. Please plan accordingly. Sorry for any inconveniences.

Bible Club

Register your child today at the chapel for the weekly Bible Club. The club meets Sundays from 4 - 5:30 p.m. and is open to elementary age children. For more information, call 469-1570 or 0951-300-1570.

Aqua Barons

Meet new people and become a part of the Aqua Barons team. Get into shape and stay in shape by swimming. Earn awesome rewards like trophies, medals, ribbons, and even a varsity letter for you efforts. Travel around Europe to swim meets in places like Italy, Spain, Belgium, Eng-

land, and many more. For more information, email bambergaquabars@yaho.com.

Entertainment and Leisure

Outreach KONTAKT Club Events

The Outreach KONTAKT Club is an Army in Europe program designed to promote German and American friendship and is always looking for new members. We have regular meetings, local get-togethers and go on fun trips every month. The club is planning a trip to Munich in Autumn. The Outreach KONTAKT Bowling team bowls every Friday at 7 p.m. at Birchview Lanes on post. Every Thursday our music group meets at 8 p.m. at the KONTAKT clubhouse on the Airfield. For more information, call the German president Klaus Kirchhof at 0951-24378 or email b.k.kirchhof@web.de or the American project officer Capt Jamel R. Carr at 0951-300-7489 or email jamel.carr@eur.army.mil.

EVERY SUNDAY
NFL FOOTBALL
6-9 p.m.
COMMUNITY ACTIVITY CENTER
BEER, NACHOS, & SNACKS
AVAILABLE FOR PURCHASE

Up to 3 games shown per week

THE STABLE THEATER PRESENTS
The King and I

Thur - Sat Dec 3 - 5 & 10 - 12 7:30PM
Sun Dec 6 & 13 5:30PM

Tickets \$11/\$9 at door, \$9/\$7 presale
 Family discounts and deployment specials!
 Call to RESERVE EARLY!

The Stable Theater
 Bldg. 7119, USAG Bamberg
 469-8647/0951-300-8647

Trips and Travel Opportunities

Take a trip with Bamberg Outdoor Recreation in November, December and January

Registration for trips must be made by the Monday before the scheduled leave date or they may be cancelled. To sign up or for more information, go to Outdoor Recreation, Building 7116 or call 469-9376/7955 or 0951-300-9376. All trips depart and arrive from ODR unless otherwise noted. No refund will be given for no-shows. Military duty restraint or illness will be refunded with documentation. For more trips, visit <http://www.bamberg.army.mil/sites/mwr/odr.asp>.

Dec. 12-13 Glacier Skiing \$149

We're headed to Hintertux, Austria, for some peak season glacier skiing and riding. Trip includes transportation and one night of lodging (double occupancy) with breakfast and dinner. Trip does not include lift pass. Get reduced rentals and tuning at the ODR ski shop. Inquire at ODR for lessons when you sign up. Bus departs at 3 a.m., Dec. 12 and returns at 10 p.m., Dec. 13.

Dec. 12 Christmas Market \$20

Warm your hands with a glass of glühwein as you take in the scents of freshly roasted nuts and grilled wurst at the Regensburg Christmas Market. Traditional craftsmen display their handiwork as you stroll among the numerous stalls and keep warm with the flames of the open fires. Bus departs the chapel parking lot at 10 a.m. and returns at 10 p.m.

Jan. 9 Learn to Snowboard \$80

Always wanted to try snowboarding? Here's your chance. Spend a day on a local slope in Ochsenkopf with Outdoor Recreation's own instructor, Josh. Trip includes transportation, lift pass, rental and 2.5 hours of lessons. Departs ODR at 8 a.m. and returns at 5 p.m.

Jan. 15-18 Alps Ski & Snowboard \$279

Start the New Year off right with some of the best snow in the Alps. Mayerhofen provides the perfect location for descending the Alps with lightening speed. Trip includes transportation and three nights of lodging with break-

fast and dinner. Trip does not include lift pass. Snowboard lessons available for \$25 for 1.5 hours. Transportation departs ODR at 2 a.m. Jan. 15 and returns at 10 p.m. Jan. 18.

Jan. 22 Rope Burn \$45

Whether you're a beginner or a seasoned vet, Rope Burn will test your muscles and your stamina. Join us in Forchheim at the indoor climbing walls in Magnesia. Our instructor, Christine, will provide the guidance you need to reach the top. Transportation departs ODR at 9 a.m. and returns at 2:30 p.m.

Jan. 23 Bad Staffelstein \$35

Need to get away for a day? Join us for a quick and relaxing day at Obermain Therme thermal pools in Bad Staffelstein and be back in time to pick the kids up from school. Trip includes transportation and use of the thermal pools and saunas. Bring a bathing suit, cover-up, towel and shower shoes. Transportation departs ODR at 8:30 a.m. and returns at 2:15 p.m.

Jan. 30-31 Snowboard & Ski \$149

Looking for a quick getaway? Hop on the ODR trip to Austria's beautiful Gastein Valley. With terrain for all abilities, it's the perfect place to spend a weekend. Trip includes transportation and lodging (double occupancy) with dinner and breakfast. Snowboard lessons will be available for \$25 for 1.5 hours. Get reduced rentals or get your own gear tuned for half price at ODR. Transportation departs ODR Jan. 30 at 2 a.m. and returns Jan. 31 at 10 p.m.



Outside the Gate

Weekend Events in and around Bamberg Dec. 11-20

Friday, Dec. 11

- 9 a.m. Bamberg Christmas market at Maximiliansplatz, Bamberg
- 11 a.m. Bamberg Medieval Christmas market at Schloss Geyerswoerth, Bamberg
- 7 p.m. Classical music at Rathaus Memmelsdorf, Rathausplatz 1, 96117 Memmelsdorf
- 8 p.m. Contibile – The London Quartet at Brauerei Reh, Ellertalstrasse 36, 96123 Lohndorf
- 8 p.m. "SLOP unplugged" at Blues Bar, Obere Sandstrasse 18, Bamberg
- 9 p.m. "Philippe Grassal" at Jazzclub Bamberg, Obere Sandstrasse 18, Bamberg
- 9 p.m. "Black Rose Blues Band" live band at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 10 p.m. 10th anniversary of the Morph Club at Morph Club, Luitpoldstrasse 17, Bamberg
- 10 p.m. "Sounds 4 the masses" at Haas-Säle, Obere Sandstrasse 7, Bamberg

Saturday, Dec. 12

- 9 a.m. Bamberg Christmas market at Maximiliansplatz, Bamberg
- 11 a.m. Bamberg Medieval Christmas market at Schloss Geyerswoerth, Bamberg
- 2 p.m. Christmas Arts and Crafts market at Jakobsplatz 15, 96049 Bamberg
- 4 p.m. Christmas market in Pettstadt, Kirchplatz, 96175 Pettstadt
- 4 p.m. Christmas concert at the Bamberg university, Feldkirchenstrasse 21, 96052 Bamberg
- 6 p.m. Christmas music with Capella Antiqua Bambergensis at Castle Wernsdorf, Zur Schleifmühle 4, 96129 Wernsdorf
- 7 p.m. "Salsa Navidad" at Haas-Säle, Obere Sandstrasse 7, Bamberg
- 8 p.m. The very best of Black Gospel at St. Kunigund church, Joseph-Otto-Kolb-Strasse 1, 96052 Bamberg, tickets at www.bvd-ticket.de
- 8 p.m. "Franz Benton" at Live-Club, Obere Sandstrasse 7, Bamberg
- 8 p.m. "Two in tune" at Blues Bar, Obere Sandstrasse 18, Bamberg
- 9 p.m. "Remember Rory" live band at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 9 p.m. Uni-Bigband at Jazzclub Bamberg, Obere Sandstrasse 18, Bamberg
- 10 p.m. "blockrocking beats" at Morph Club, Luitpoldstrasse 17, Bamberg

Sunday, Dec. 13

- 10 a.m. Christmas market at Burgebrach, Markt- und Hauptstrasse, 96138 Burgebrach
- 11 a.m. Bamberg Christmas market at Maximiliansplatz, Bamberg
- 11 a.m. Bamberg Medieval Christmas market at Schloss Geyerswoerth, Bamberg
- 11 a.m. Christmas Arts and Crafts market at Jakobsplatz 15, 96049 Bamberg
- 11 a.m. Christmas music with Capella Antiqua Bambergensis at Castle Wernsdorf, Zur Schleifmühle 4, 96129 Wernsdorf
- 2 p.m. Christmas market in Pettstadt, Kirchplatz, 96175 Pettstadt
- 3 p.m. "Snow White – The musical" at Konzert- und Kongresshalle - Hegelsaal, Müssstrasse 1, 96047 Bamberg, tickets at www.bvd-ticket.de
- 5 p.m. Christmas concert at St. Markus church, Kirchberg, 96120 Bischberg

- 5 p.m. Christmas songs at St. Stephan church, Stephansplatz 5, 96049 Bamberg
- 5 p.m. Christmas music with Capella Antiqua Bambergensis at Castle Wernsdorf, Zur Schleifmühle 4, 96129 Wernsdorf
- 8 p.m. "Zane Charron" at Blues Bar, Obere Sandstrasse 18, Bamberg
- 9 p.m. "Arnd Rühlmann" live band at Club Kaulberg, Unterer Kaulberg 36, Bamberg

Friday, Dec. 18

- 9 a.m. Bamberg Christmas market at Maximiliansplatz, Bamberg
- 9:30 a.m. Artist market at the Old City Hall downtown Bamberg
- 7 p.m. X - Mas Metal Meeting live at Live-Club, Obere Sandstr. 7, Bamberg
- 8 p.m. "Hot Brakers" live at Sound'n Arts Club, Sandstraße 20, Bamberg
- 8 p.m. "Paul Stowe" at Blues Bar (American, Irish & English Folk , Blues, Bluegrass & Country, 60's & 70's Songs) , Obere Sandstraße 18, Bamberg
- 8:30 p.m. "Anonyme-Improniker - Impro-Show" at Jazzclub Bamberg, Obere Sandstr. 18, Bamberg
- 9 p.m. "Gordian Knot" (Funk, Rock and Reggae) live band at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 10 p.m. "bashment with kali yuga soundsystem" (reggae . ragga . dancehall) at Morph Club, Luitpoldstr. 17, Bamberg

Saturday, Dec. 19

- 9 a.m. Bamberg Christmas market at Maximiliansplatz, Bamberg
- 2:30 p.m. X - Mas Metal Meeting live at Live-Club, Obere Sandstr. 7, Bamberg
- 6 p.m. Christmas music with Capella Antiqua Bambergensis at Castle Wernsdorf, Zur Schleifmühle 4, 96129 Wernsdorf
- 7 p.m. Christmas concert "A boy was born" at Auferstehungskirche, Pestalozzistr. 27, 96052 Bamberg
- 7:30 p.m. Bamberg's Basketball team "Brose Baskets" will play "LTi Gießen 46ers" at Jako-Arena, Forchheimer Str. 15, Bamberg (tickets available at www.kartenkiosk-bamberg.de)
- 9 p.m. "Schweinsohr Selection" at Jazzclub Bamberg, Obere Sandstr. 18, Bamberg
- 9 p.m. "Rock Class" live band at Club Kaulberg, Unterer Kaulberg 36, Bamberg
- 10 p.m. "beat virus: pascal feos" at Morph Club, Luitpoldstr. 17, Bamberg

Sunday, Dec. 20

- 9:30 a.m. Artist market at the Old City Hall downtown Bamberg
- 11 a.m. Bamberg Christmas market at Maximiliansplatz, Bamberg
- 11 a.m. Bamberg Christmas concert for children, at Konzert- und Kongresshalle - Joseph-Keilberth-Saal, Mußstraße 1, 96047 Bamberg (ticket available at <http://www.bvd-ticket.de>)
- 11 a.m. Christmas music with Capella Antiqua Bambergensis at Castle Wernsdorf, Zur Schleifmühle 4, 96129 Wernsdorf
- 5 p.m. Bamberg Christmas concert 2009 at Konzert- und Kongresshalle - Joseph-Keilberth-Saal, Mußstraße 1, 96047 Bamberg (ticket available at <http://www.bvd-ticket.de>)
- 5 p.m. Christmas music with Capella Antiqua Bambergensis at Castle Wernsdorf, Zur Schleifmühle 4, 96129 Wernsdorf
- 7 p.m. Christmas Metal Meeting with Doro, Krypteria und Destruction at JAKO Arena, Forchheimer Straße 15, 96050 Bamberg (tickets available at www.kartenkiosk-bamberg.de)
- 8 p.m. "ToMac" at Blues Bar, Obere Sandstraße 18, Bamberg

Don't miss the
Bamberg
Christmas
Market!



(EO continued from page 1)

week Defense Equal Opportunity Management Institute, the majority of Waldron's career has been spent as an infantryman. He said that approximately 18 of those years were in leadership positions such as team leader, squad leader, platoon sergeant and first sergeant.

"I was taking care of Soldiers in the infantry, taking care of their welfare and professional development and this is an extension of that," he said. "My career has really come full circle."

The Army's EO policy states that "the U.S. Army will provide equal opportunity and fair treatment for military personnel, family members, and DA civilians without regard to race, color, religion, gender or national origin, and provide an environment free from sexual harassment."

Waldron said that the vast majority of Soldiers who go to see him are concerned about a Soldier-leader issue, not necessarily an issue of discrimination based on race, gender, religious beliefs or national origin.

"It has improved over time; what we deal with mostly in the EO business these days is the result of what I term to be unconscious discrimination," he said. "In the Army, where we bring together people from all over the country and literally Soldiers from all over the world, what I see is mostly people who either unconsciously favor others who are like themselves or are unconsciously more critical of those that are different than themselves."

Though Waldron is open to speaking with any Soldier in need of assistance, most units have their own EOAs. Even units who do not have an EO representative in Bamberg should have an Equal Opportunity Leader who has been trained to deal with EO issues on the unit, company and battalion levels.

He said that a Soldier should, at the very least, inform their supervisor when going to his office for assistance since, as a courtesy, he always contacts a Soldier's EOA to afford them the opportunity to address the issue at the lowest level.

"My mission is to assist those units when there's an EO issue, or an issue with EAO coverage," Waldron said. "But in a large part, a lot of what I do is involved with trying to coalesce, bring together community members and resources."

Waldron has taken part in cultural diversity programs since arriving at Warner Barracks.

"As the garrison EOA, special ethnic observances are a large part of what I do," he said. "It is the most visible symbol of appreciation that the Army has for diversity. We have so many great Soldiers from so many different backgrounds. It's an opportunity for a month or a day to celebrate what they bring to the Army."

Waldron said that the recent increase of representatives at the garrison should really increase assistance for Soldiers.

"I'm an additional resource; I'm an additional person to go through, an additional tool for leaders to help take care of issues, that wasn't present before," he said. "We also have the good fortune of having an IG here who Soldiers can go see or leaders can go to when they're having an issue in their organization."

He said that he and Sgt. 1st Class Adam F. Harrer, assistant Inspector General, have been able to work together to make sure Soldiers' issues are addressed.

Some issues of Soldiers that go and see him don't technically fall under the purview of IG complaints, he said. If Harrer gets the feeling a Soldier has come to him with an EO-related issue he'll call Waldron and vice-versa.

Bamberg Movie Schedule			
AAFES Reeltime Theater is CLOSED Tue. and Wed.			
Thur.	Dec. 10	Surrogates (Pg-13)	7 p.m.
Fri.	Dec. 11	Love Happens (Pg-13)	7 p.m.
Sat.	Dec. 12	Old Dogs (Pg)(1strun)	3 p.m.
		The Blind Side (Pg-13)(1strun)	7 p.m.
Sun.	Dec. 13	Fame (Pg)	3 p.m.
Mon.	Dec. 14	The Blind Side (Pg-13)(1strun)	7 p.m.
Thur.	Dec. 17	The Invention Of Lying (Pg-13)	7 p.m.
Fri.	Dec. 18	Pandorum (R)	7 p.m.
Sat.	Dec. 19	Cloudy With A Chance Of Meatballs (Pg)	3 p.m.
Sun.	Dec. 20	Cloudy With A Chance Of Meatballs (Pg)	3 p.m.
Mon.	Dec. 21	Armored (Pg-13)(1strun)	7 p.m.
Thur.	Dec. 24	Couples Retreat (Pg-13)	7 p.m.
Fri.	Dec. 25	*** Closed for Christmas ***	
Sat.	Dec. 26	The Princess And The Frog (G)(1strun)	3 p.m.
		Invictus (Pg-13)(1strun)	7 p.m.
Sun.	Dec. 27	The Princess And The Frog (G)(1strun)	3 p.m.
Mon.	Dec. 28	Where The Wild Things Are (Pg)	7 p.m.
Thur.	Dec. 31	Cirque Du Freak: The Vampire's Assistant (Pg-13)	7 p.m.
Fri.	Jan. 01	*** Closed for New Year's Day ***	

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Sweepstakes

Enter thru December 17, 2009.
 See store for details.

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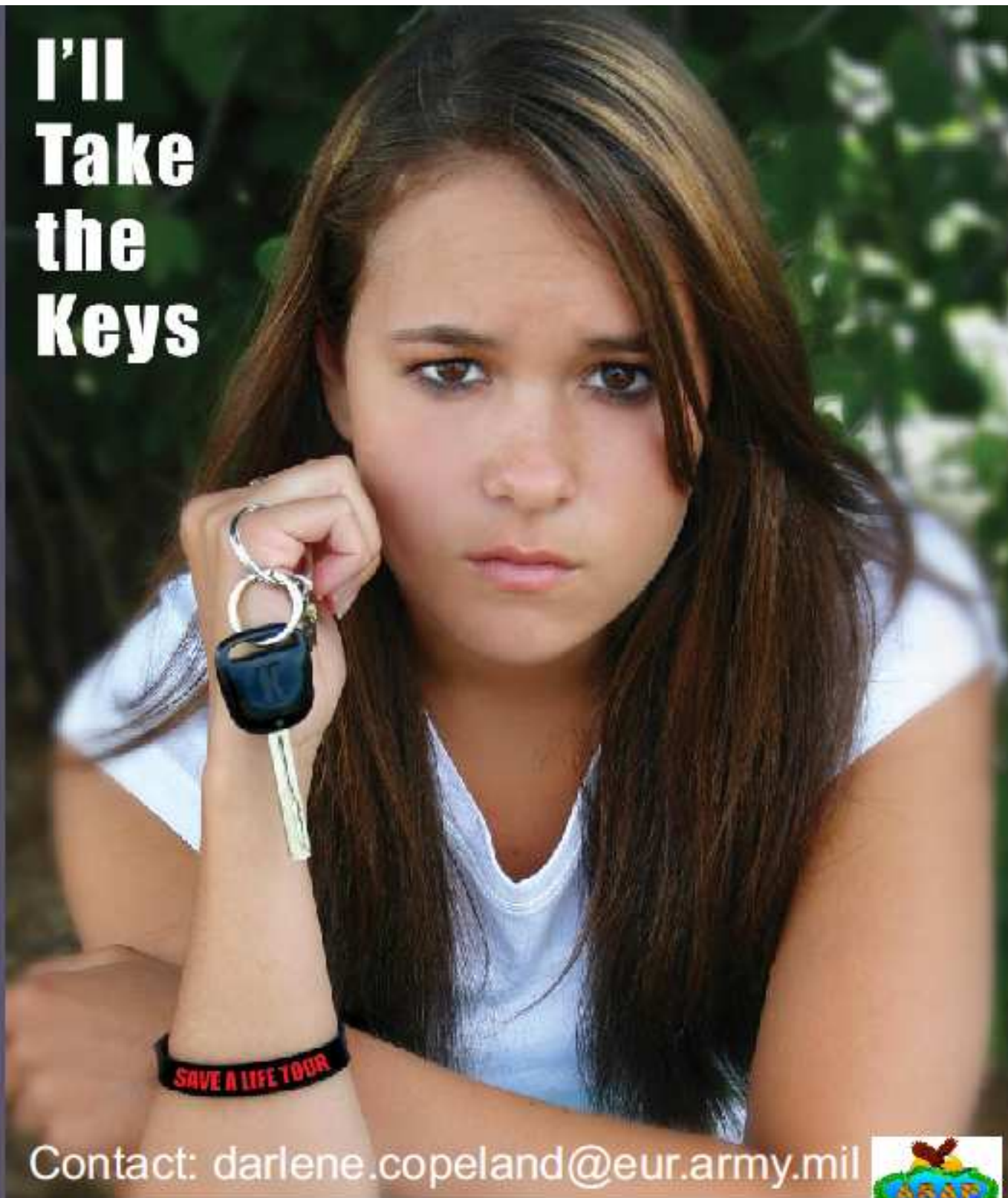
AAFES HWR MILITARY SERVICES

"Our community is doubly blessed that in roughly the same period of time, after not having an IG or EO for so long, we've finally been given the resources that the community deserves," he said.

For more information on EO services, call 469-8624.

USAG Bamberg FFF

I'll
Take
the
Keys



Contact: darlene.copeland@eur.army.mil



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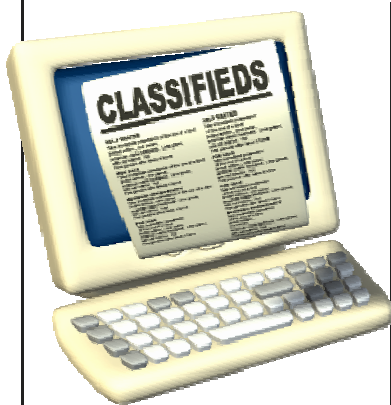
1-888-655-7263

For Registration please contact
Darlene Copeland at
DSN 469-7038/1740



**10 & 11 Dec.
9 a.m. & 1 p.m.**





Please call us and tell us when you sell your item so we can remove the advertisement.

Thank you.

EMPLOYMENT

The Headquarters, Headquarters Detachment, U.S. Army Garrison Kaiserslautern commander position becomes available March 12. Submission deadline is Jan. 4. Interviewing of prospective commanders will begin Jan. 5. For more information on qualification and submission requirements, interested captains can call Capt. John Evans at 493-4373 or e-mail Johnathan.evans@eur.army.mil.

Automotive Technology instructors needed. Central Texas College-Europe is accepting applications for Automotive instructors who have an Associate's degree or higher and a minimum of 5 years work experience in the maintenance field or a Bachelor's degree and a minimum of 3 years work experience in the maintenance field. For more information, call Brenda McNeil at 469-7467.

AUTOMOBILES

2010 VOLVO XC60 T6 AWD, Ice White/Sandstone Beige & Espresso Leather, Climate Pkg, Tech Pkg, Dual Xenon Headlights w/ ABL, PCC w/ Keyless Drive & Heartbeat Sensor, Integrated Child Booster Seats, Panoramic Sunroof, Modern Wood Inlays, Exterior Styling Kit, 19" Achilles Wheels + 18" Factory Set, Rubber Floor/Cargo Mats, Power-Lift Tailgate, many more options. O/A 2,000 miles. Full VOLVO Warranty, 5yr./50,000 Complimentary Service, FREE Shipping to US for 5-years. MSRP over \$48,000, Paid Military Sales \$43,000, MAKE OFFER. 0151-111-85-888. (12/03/09)

2007.5 Dodge RAM 2500 6.7L Cummins Diesel 4x2 MEGA CAB, Grey/Grey Cloth, 6-speed Manual, Tow Package, AC, PWR Doors, Mirrors, o/a 6,000 miles (YES 6 not 60,000!!). Purchase price was over \$36,000, KBB's lowest is \$28,700, MAKE OFFER! 0151-111-85-888. (12/03/09)

1983 Honda Silverwing motorcycle, low miles, very good condition, extra brake pads and logos. Currently registered non-op due to no bike license. Needs battery. Runs great! Asking \$1000 OBO. Call Stephanie at 01705883916 or 09512972052 or email screech_n_carmie@yahoo.com.

1997 Pontiac Firebird, 99K miles, silver, t-tops, manual transmission, good all-weather tires, alloy rims, new power steering pump, new full clutch assembly, added speaker. Runs great! Good gas mileage for a 6 cyl. Hate to let it go but must sell, 3 kids 2 rear seat belts don't work! Asking \$4550 (NADA retail price) O.B.O. Call or email Stephanie @ 01705883916 or 09512972052, screech_n_carmie@yahoo.com

FOR SALE

FOR SALE: Over sixteen travel, history, and phrase books for Germany, Andalusia and Italy. Dictionaries, Day Trips in Germany, Fromer's, and other great references. Includes a complete set of 15 bicycling/touring maps for southern Germany - only one map has been used. Wonderful gift for someone new to Germany! Asking \$45.00 for everything. Please call 209-5944 or email angel_beck@hotmail.com

For Sale: MAXI COSI FORAY-STROLLER, asking price \$190.00 The Stroller is in excellent condition. We bought it in Feb. 2009 for \$349.99 at BabiesRus, basically new. Please call or send a text message to 0160-257-6362. (12/03/09)

For Sale: our Schwinn® Free Wheeler™ ST Jogging Stroller asking price \$110. Multi-Position Reclining Ages: child up to 50 lbs. Blue/Gray Stroller is in great condition. We bought it about one year ago for \$219.00 from Target. Please call or send a text message to 01602576362. (12/03/09)

Fisher-Price Butterfly Garden Papasan Cradle Swing for sell. Daughter used and loved for approximately first 6 months. Includes floating butterflies that spin overhead, has a seat and head support that cradles your baby in cushy comfort as she swings in a side-to-side or front-to-back swinging motion. A sweet little canopy surrounds your baby and sways along with the swing motion while 8 delightful songs entertain. When it's nap time, you can choose from 8 additional lullabies and sounds to calm and soothe your baby. With the flick of a switch, a magical butterfly light show projects onto the canopy! Perfect for floating off to dreamland with six soothing swing speeds, the swing can be plugged into any standard wall outlet with the included AC adaptor and requires 4 D and 1.5-volt batteries. Bought from Babies R US for \$159.99 and am asking \$80.00. Still in perfect condition and in original box. If interested please call

Jennifer at 0951-209-1710 or email jenniferwharton1@gmail.com. (12/03/09)

For Sale, German Living Room Schrank. Schrank is all wood. Asking \$375; Kitchen table with 6 chairs, \$70. German bed frame (200x200cm) with matching bedroom schrank, nightstands, and dresser. Asking \$375. Pictures available. mcbale@yahoo.com. (11/12/09)

Baby items for sale: Fisher Price Rain forest Jumperoo \$25. Graco Baby Einstein Excersaucer \$20. Bumbo baby seat in Blue \$15. Summer 3 stage infant seat \$20. Chicco Space saver table seat \$10. Kolcraft Sesame Street Baby Walker \$5. All items from a smoke free home. For pictures, email BonjourHashimoto@gmail.com or call 015157566308 if interested. (11/5/09)

PCS SALE ITEMS: Moving in 1 week must sell: several 220V extension cords (I have 1, 3 and 6 outlet extensions); 2 tan and 1 blue Old Navy Jumpers (washed but new) SZ 6; Thomasville tall wood entertainment unit: 3 drawers, pull down desk shelf and 2 adjustable shelves; 2 white wire shelves; small desk type fan; 220V canister vacuum, ARCOR wireless modem 4 months old all the parts and box, 3 cordless phone set with answering machine, each phone has a base. If interested please call 0160-495-9647 (do not leave voice message) or 0951-301-4945 (Ok to leave voice message). (11/5/09)

FOR SALE: 4 Bridgestone Blizzak 235/45R17, low profile, high performance vehicle snow tires. These tires were formerly on our Volvo V70R and were used one winter season (5 months...tops!). Specially designed for high performance cars. All 4 tires have lots of tread. Four new of these babies will cost you \$600+, but I am willing to let these go for \$400.00 cash. Winter will soon be upon us, act now or you'll wish you had. Call Matt at 0151-22980223. (10/29/09)

Sylvania 42" plasma model 6842PF. 1000:1 ratio, widescreen (16:9) gas-plasma display compatible with progressive-scan and high-definition signals up to 1080i. This unit offers incredibly vivid, high-contrast images and is the ultimate addition to any home theater. Perfect for movies and other programs formatted for 16:9 aspect-ratio screens, the monitor's HD component-video inputs accept full 720p and 1080i HDTV signals from set-top boxes and DTV receivers. It comes with a free wall mount. Paid \$1500 a couple of years ago. We are buying a shrank and it needs to be an inch smaller to fit. Our loss is your gain. Has remote, 2 component connections, 2 s-video connections, 2 AV connections. Doesn't have an UHF connection so you have to hook up AFN through a video box, VCR or computer. Asking \$600. Call Jon in Bamberg @ 0170-202-3550. (10/15/09)

MISCELLANEOUS

Looking for an adult or responsible teen to occasionally dog-sit and walk my friendly, but large golden retriever dog. I live on post near gate three. If interested, call Mindy at (0951) 297-2207 or (0171) 927-8808. (12/03/09)

Looking for a 3-7 month old kitten/baby katzen to adopt. We are a loving home, and would like to add a cat to our family. Please call Nathan or Sarah at 0151 532 51611 address: In Vorra 41, 96158 Frensdorf, Germany. (10/22/09)

MATH help needed: Polar-Angular, Angular-Polar Conversions in Electronic Technician course. Can return the favor in Guitar lessons for you or acquaintance. POC Joel McFate 0170-931-5865 or joel.mcfate@gmx.net (10/15/09)

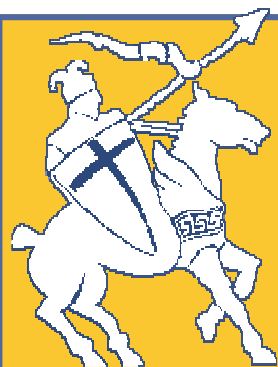
WANTED: Looking for an inexpensive 2nd car to drive to and from work. Beaters ok, but must pass inspection. Please email Brian parasapper27@yahoo.com. (10/15/09)

The Bamberg Hospitality House supports the ministry of the Warner Barracks Chapel by offering additional opportunities for discipleship, Bible study, fellowship (that includes food, often!), weekend activities, etc. Join us Friday nights for 6:30 pm dinner and Bible study at our home (Sonnenstrasse7; 96175 Pettstadt; ph 09502-8037, www.cadence.org/huisjen). Join us on Sundays at the 11 a.m. Protestant Service (Post Chapel).

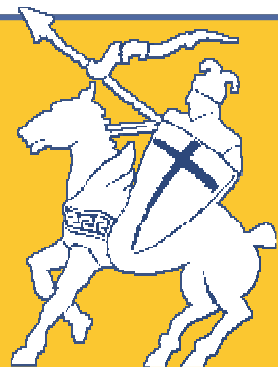
The Bamberg Protestant service meets from 11 a.m. to noon every Sunday at the chapel. AWANA meets at the Bamberg High School gym every Sunday evening from 4:30 to 6 p.m. Come join us as we worship, celebrate and get to know our Lord. For more information call Chaplain Williamson at 469-1570 or 0951-300-1570.

AD SUBMISSIONS

When submitting a classified ad for publication, be sure to include your name, address and telephone number. We will not advertise commercial services. Classified ads will be erased after three weeks of being published in the Warner Weekly. If you have something you want to advertise in the classified section, please e-mail your submissions to bambergpao@eur.army.mil. We will ONLY accept classified ads by email. We will not accept advertisements by phone or hand-written. These classified ads are a free service to you and in order for us to provide them, they must be in a cut-and-paste text only format. We hope this service is something you will utilize. For more information, call 469-1600 or email bambergpao@eur.army.mil.



**Bamberg Mid/High School's Dec. 14
Winter Concert is postponed
until January due to an
unexpected occurrence**



H1N1 vaccines are available at clinic; special locations

Bamberg Community,

I now have a substantial supply of H1N1 vaccine for all categories of beneficiaries over the age of 4 years. The vaccine will be available Dec. 15 and 17 from 8 a.m.—4 p.m. and on Dec. 16 from 8 a.m. to 6 p.m. at the Post Chapel (Family Life Center). I encourage all eligible beneficiaries to receive the H1N1 vaccine.

Currently I have a limited supply of vaccine for children between the ages of 6 months and 4 years. This is available until it is exhausted. I expect to get another shipment for this age group later this month. Children under 6 months cannot receive H1N1 vaccine.

The vaccine will be offered to students at the elementary and high school Dec. 14. Students under the age of 15 may only receive the vaccine with a signed permission slip from a parent or if their parent accompanies them. Students over 15 years of age do not require a

permission slip from parents to receive the shot, however, I encourage permission slips for all students. I encourage all parents of children aged 15 and over to discuss this decision with their children prior to attending school on 14 December. The H1N1 vaccine is not a mandatory vaccine for school attendance.

Both vaccines are now available to "walk-in" patrons at the Bamberg Health Clinic but I encourage you to take advantage of the vaccination sites at the Chapel and Schools.

We continue to offer seasonal flu vaccine for all beneficiaries on a walk-in basis at the clinic.

Larry R. Patterson
LTC, MS Commanding
US Army Health Clinic Bamberg

Retirees living in Germany can benefit from new German Federal Ministry of Finance arrangements

USAREUR Public Affairs

Retired servicemembers who live in Germany as ordinary residents can benefit from new arrangements with the German government regarding duties charged on purchases made in American military exchange and commissary facilities and packages received through U.S. forces post offices.

The arrangements, which took effect Nov. 1, put into law benefits which previously had been agreed to but for which no law existed, said Rula Strumpen with the U.S. Army Europe Office of the Provost Marshal Host Nation Customs Policy Branch.

"The concession, meaning the authorization for retired military personnel to shop at U.S. forces sales facilities -- which applies also to surviving dependents, retired reservists, 100 percent disabled veterans and unaccompanied dependents whose sponsor is serving in a restricted tour area -- granted by the German Federal Ministry of Finance Customs Department during the past 50 years now has the force of law," Strumpen said. "This is a great benefit," she added. "The ruling applies not only to U.S. personnel, but also to the personnel of the other Sending States Forces in Germany."

In 1964, Strumpen explained, the German FMOF Customs Department granted an exception to retired military personnel who live in Germany or who visit Germany for at least 30 days but are not covered by the Status of Forces Agreement and Supple-

mentary Agreement for Germany. The exception allowed them and their accompanying dependents to shop in Army and Air Force Exchange Service and Defense Commissary Agency facilities. However, because of the European Community Customs Code, this ruling was always subject to revocation, she added.

The new Forces Customs Ordinance codifies that privilege and allows retirees to shop for non-rationed items in AAFES and DECA facilities in Germany, and pay German Customs a flat rate of duty of 17.5 percent for goods that cost less than the equivalent of 50 euro per item, Strumpen said. For purchases of items with a single-item sales price of the equivalent of 50 euro and more, German Customs will apply the 19 percent value-added-tax plus the customs tariff for the item. German Customs personnel will determine what the final rate will be, Strumpen explained.

Web sites are available to help retirees determine their duty rates. A list of the tariff rates used to determine duty rates for specific items in English can be found at www.zolltarifnummern.de and in German at www.ezt-online.de. The euro rate German Customs uses to calculate the value of items is available at www.zoll.de. German Customs will use the euro rate applicable for the month the purchases were made.

Retirees must still report purchases monthly to local German Customs offices and register annually with U.S. Forces Customs-Europe offices, stressed Bill Johnson, direc-

tor of the USAREUR OPM Customs Executive Agency. They cannot shop unless they have been issued the so-called "pink card" by a German Customs office.

Another benefit for retirees is that the German FMOF Customs Department agreed they can use the U.S. forces postal system and receive packages in Germany up to a value equivalent to 22 euro without paying taxes or duties, Strumpen said. She added that efforts are currently ongoing with the FMOF Customs Department to work out procedures for declaring parcels to German Customs authorities. The 16 oz. Department of Defense-mandated weight restriction when using the U.S. forces postal system has not changed, Johnson added.

"Our job is to facilitate procedures to support U.S. personnel," Strumpen said. The German FMOF Customs Department has been willing to come to these arrangements because they appreciate the continuing partnership with the USAREUR Provost Marshal as the Customs Executive Agent for the U.S. forces, she said, adding that this is also proven by the fact that Germany is the only European Union member state that grants customs benefits to U.S. retirees codified by statute.

Johnson said USAREUR customs officials take part in community retiree open houses and pre-retirement briefings to help educate U.S. personnel about customs policies and procedures. He also recommended that retirees who have questions visit their local retirement services or military customs offices.

Give us your feedback on our Community Activity Center at

https://www.surveymonkey.com/s.aspx?sm=mrv_2fUA08YrqRTi62jxKOPA_3d_3d

The Military Concierge Company's

CHRISTMAS MARKET GUIDE 2009 - BAVARIA

Christmas in Bavaria is a magical experience. Stroll through festively decorated streets and explore enchanting Christmas markets with their seasonal music, exquisite Christmas crafts and choir singing. Don't PCS out of Germany without experiencing one of these very special events – the Nuremberg market in particular is renowned and reported on the world over at Christmas time. For your convenience, The Military Concierge Company has compiled a comprehensive guide to this year's Bavarian Christmas Market scene. Enjoy!

AMBERG

*November 26 - December 23, 2009
Daily 10 am - 8 pm*

The attractive wooden booths at Amberg's Christmas Market on Marktplatz are festively decorated and offer crafts including dolls, needlework, Christmas tree decorations and handcarved wooden items from the Erzgebirge Mountains. The medieval market and the living Nativity scene are popular attractions as Christmas approaches.

ANSBACH

*November 27, 2009 - December 23, 2009
Mon - Thurs 11 am - 7.30 pm /
Sat 10 am - 8.30 pm / Sun 11 am - 8.30 pm*

Ansbach's beautiful Christmas Market is held in its splendid, historical town centre. This magical setting with its myriad of festive lights attracts thousands of visitors each year. Always popular is the Christmas exhibition, 'Winter Fairytale Christmas', staged by Ansbach's amateur artists in the Gothic Hall of the Stadthaus.

BAMBERG

*November 26, 2009 - December 23, 2009
Mon - Sat 9 am - 8 pm / Sun 11 am - 8.00 pm*

Experience Bamberg's charming Christmas market in the heart of the town, a UNESCO World Heritage site. Be sure to sample the festive food and drink - regional specialties such as fruit bread and gingerbread feature heavily. The famous Bamberg Nativity Trail features around 35 Nativity scenes around the town and in its delightful Christmas market.

BAYREUTH

*November 27, 2009 - December 23, 2009
Daily 11 am - 7.00 pm*

Festively decorated with 7 km of Christmas lights, the historical Old Quarter is a splendid setting for Bayreuth's Christmas Market. Picturesque stalls offer seasonal treats to delight all the senses. There is also a varied programme of more than 200 cultural events, while the winter village in front of the Old Palace is a magical Christmas wonderland.

GARMISCH-PARTENKIRCHEN

*December 4, 2009 - December 23, 2009
Daily 11 am - 8 pm*

This picture-postcard mountain town's very romantic Christkindl Markt is held on Richard Strauss Square in Garmisch. Music events heighten the seasonal atmosphere and a colorful children's programme offers plenty of fun for the little ones.

MUNICH

*November 27, 2009 - December 24, 2009
Mon - Fri 10 am - 8.30 pm / Sun 10 am - 7.30 pm /
Dec 24 9 am - 2 pm*

Munich's traditional Christmas market - whose roots go back to the 14th century - is held on Marienplatz Square. The Kripperlmarkt, a market specializing in Nativity scenes, is one of the largest in Germany. There is alpine Christmas music live from the town hall balcony everyday.

NUREMBERG

*November 27, 2009 - December 24, 2009
Mon - Thurs 9.30 am - 8 pm /
Fri & Sat 9.30 am - 10 pm / Sun 10.30 am - 8 pm*

The Christmas Angel opens Nuremberg's ever-popular Christkindlmarkt on Hauptmarkt Square. Enjoy the medieval atmosphere and delicious aromas of gingerbread, bratwurst and roasted almonds. Everyone's eyes light up at the sight of so many Christmas decorations and gifts. The children's market has a traditional carousel, Ferris wheel and steam train. Between the two markets is the Nativity trail, taking visitors on a tour of the city's many Nativity scenes.

REGENSBURG

*November 26, 2009 - December 23, 2009
Daily 10 am - 8 pm*

Regensburg's traditional Christmas market, the Lucrecia Craft Market and the romantic Christmas market at Thurn and Taxis Palace, which has craft stalls and demonstrations, can all be enjoyed on a Christmas stroll around this UNESCO World Cultural Heritage town. Highlights include the concerts by the famous Regensburger Domspatzen boys' choir.

WEIDEN

*November 26, 2009 - December 23, 2009
Monday - Friday 10 am - 8 pm /
Sunday 11 am - 8 pm*

Weiden's Christmas market was first recorded as long ago as 1600, making it the second oldest in Bavaria. The old town hall, St. Michael's Church and the Renaissance-gabled houses of the old quarter provide a romantic setting for this festival for all the senses. The old town hall is transformed into a giant Advent calendar. Every day a new window is opened by two angels. Music is played on the town hall steps and Father Christmas hands out gifts. See children's eyes light up at the fairytale houses and the fountain Nativity scene.

WURZBURG

*November 27, 2009 - December 23, 2009
Mon - Sat 10 am - 8 pm / Sun 11 am - 8 pm*

Wurzburg's Christmas market, one of the most atmospheric in Germany, is held on the upper and lower market square with the historical backdrop of gothic St Mary's Chapel and the Falkenhaus mansion. Everything you need for Christmas is on offer at the festively decorated wooden booths. At weekends there is also an artists' Christmas market in the historical town hall courtyard.



100% owned and operated by U.S. military spouses, The Military Concierge Company™ started life in Grafenwoehr, Germany in 2008 as 92655 Concierge™. In 2010, we're expanding our online presence to effectively serve our fast-growing network of military clients stationed across Bavaria & beyond.

To date, we've assisted well over 1500 U.S. military families, soldiers and contractors with our recommendations and referrals to quality service providers, businesses and events. We're the only concierge company worldwide that is dedicated to serving overseas members of the U.S. military.

Membership and concierge assistance for our military clients is free of charge. Our website, www.mymilitaryconcierge.com is due to be relaunched soon, and features quick-access online referrals, unique lifestyle guides and exclusive member discounts.



WWW.MYMILITARYCONCIERGE.COM
COMING SOON

(CUSTOMS continued from page 2)

to the States a minimum of \$300 as a deterrent. Criminal action for deliberate cases of smuggling can result in a \$5,000 fine and a year in jail.

Europe boasts many fine wines, spirits and liquor-filled candies that make original Christmas gifts. Unfortunately the U.S. Postal Service bans all liquor from being mailed, even if it is inside a piece of candy. However, customs allows travelers over 21 years of age to import one liter of duty-free liquor. Johnson said the federal taxes and duties are currently low enough to make it worthwhile to take more than one liter of beer or wine stateside as gifts. However, state laws must also be met which can add to the cost. Taxes on distilled spirits like Scotch whiskey are generally considered high, he noted.

Cuban rum and cigars are also available in Europe but prohibited from import stateside by economic sanctions.

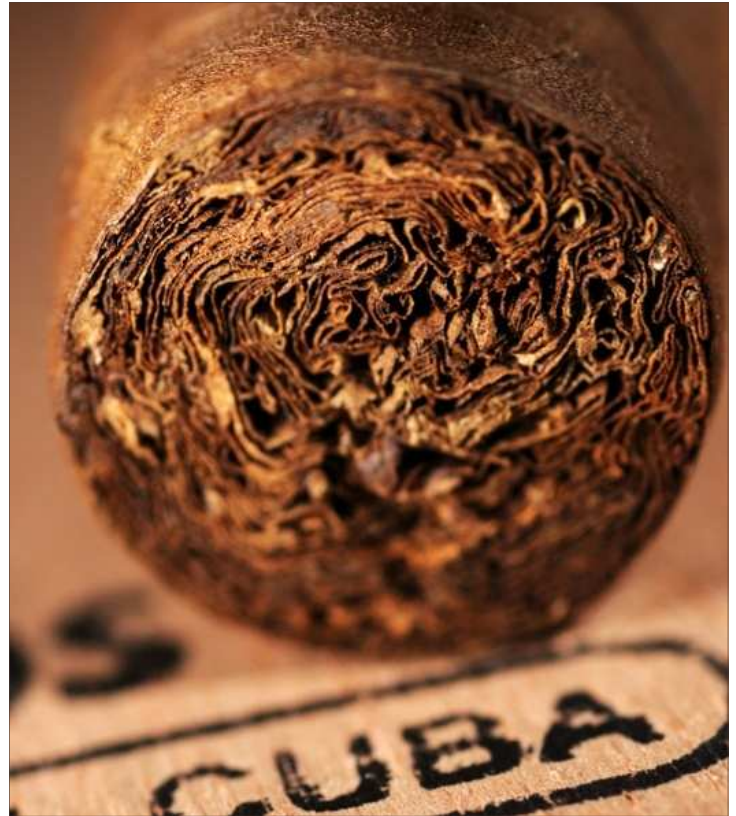
And don't be surprised if you get a letter from CBP saying they removed "surprise" eggs from the package you mailed Stateside. The reason is that Kinder-brand chocolate eggs and similar items are banned in the United States. While many people probably think the eggs are innocuous, the U.S. Consumer Product Safety Commission believes the toy surprise hidden inside can pose choking and aspiration hazards to children younger than three years of age.

Wildlife products also present problems. Buying ivory as a gift is a bad idea, according to customs officials.

"Only ivory pieces previously registered with Customs and Border Protection may be imported," Johnson continued.

Whale teeth carvings, known as netsuke or scrimshaw, are also prohibited from import. When buying furs, shoppers should insist on a certificate of origin stating the animal's scientific name to avoid buying prohibited endangered species products. The movement of caviar is also restricted.

Many European countries have a tradition of making nativity scenes that Americans love to buy. However, the natural products used to make them are often banned from import to the United States because of the agricultural pests that could be nested in them, Johnson



Courtesy photo

noted. Shoppers should realize that they should not mail scenes that contain moss, bark, pinecones, untreated straw or other materials found to contain insects. However, agriculture officials say nativity scenes that are produced using stripped wood, plastic, or commercially cleaned and lacquered straw are fine to mail.

Military customs offices can provide more advice on these and other holiday mail questions. There are many informative pamphlets available from Customs and Border Protection and the Department of Agriculture to ensure holiday gifts don't present problems stateside. Information is also available at www.customs.gov/xp/cgov/travel/.

(TROOPS continued from page 1)

The troops had a live fire exercise on Nov. 16. They experienced the normal progression a U.S. Soldier would go through leading up to a live fire exercise. They also prepared for the live fire on Nov. 12 by using the Engagement Skills Trainer, a common practice for U.S. forces to better develop marksmanship ability.

"They wanted to come out and get familiarized with our weapons," said Staff Sgt. Tyrone King, Directorate of Public Works.

The EST is like an interactive video game that enhances Soldiers' battlefield readiness by providing computerized feedback for individuals on their point of aim, breathing pattern and trigger squeeze. The system also provides scenarios to assist Soldiers with reactionary skills and weapons familiarization.

Troops fired the M9 pistol and the M16A2 rifle at the EST and during the live-fire exercise.

The German unit's 1st Sgt. Dominik Weitzer said being more familiarized with the U.S.

weapons was important for the deployment.

Traditionally, American Soldiers would earn the German Marksmanship Badge known as the Schützenschnur and German soldiers would earn the U.S. Army's Marksmanship badge.

However, the qualifications don't provide extensive training with the weapons and Weitzer wanted his troops to be more proficient.

In battle or firefight, if a German soldier needs to use a different weapon system, he would have that knowledge, confidence and ability to operate the weapon, Weitzer said. That is what the training helps to accomplish.

Bundeswehr troops use the G36 rifle, P8 pistol and MG3 machine gun. Weitzer explained that his troops practice on an EST at their home station.

While the EST on Warner Barracks provides only a flat screen, the Bundeswehr troops practice on a screen that is curved, he said. Familiarization, not scenario driven training, was the aim of working with

the U.S. troops.

King believes the training provides some additional benefits.

Safety is a common practice for all troops when handling a weapon, King said.

Training here betters their success down-range, he said.

The training should assist Bundeswehr troops in understanding how to safely control an M9 pistol and M16A2 rifle to the U.S. Army standard. They will use concepts U.S. troops use like muzzle awareness, weapon clearing procedures and other safety precautions to prevent a negligent discharge.

"It gives them awareness," King said. "Knowing that they will probably be around Americans, this provides a common understanding of controlling the weapon systems and benefits everyone."

Physical fitness training, sports contests, and social gatherings are just a few of the many events the unit members do together on a regular basis.



Driving in Winter Storms

The extreme cold and heavy snowfall that accompany winter storms can be debilitating and dangerous. Winter storms can affect everyone, even those who usually experience mild winters. Heavy snowfall can be blinding for drivers and pedestrians alike. Winter storms may also include high winds, sleet, freezing rain, frozen roads, power outages and dangerously cold temperatures.

Driving a vehicle during a winter storm is not recommended, but if you must drive or if you get caught in a winter storm things to do to stay safe are:

- Pull to the side of the road and put the hazard lights on.
- Remain in the vehicle, where rescuers are most likely to find you.
- Run the engine for 10 minutes every hour to keep warm.
- Exercise to maintain body heat, but do not overexert yourself.
- Drink fluids to avoid dehydration.
- At night, take turns sleeping and turn the inside light on.
- Be careful not to waste battery power.
- If you are stranded in a remote area, stomp large block letters in an open area that spell "HELP" or "SOS".
- Leave the vehicle on foot only if absolutely necessary and the storm has passed.
- Use only one vehicle to limit traffic congestion.
- Follow the recommended evacuation routes.
- Report your status and location to your Chain of Command as soon as safely possible.

Consider maintaining an Emergency Supplies Kit (ESK) in your vehicle. For the winter months the following items should also be included in the ESK in addition to the normal items you would have in it:

• Water	• Nonperishable foods	• Batteries
• Flashlight	• Signal flares	• First Aid Kit
• Jumper cable	• Tire chains	• Cellular phone
• Whistle	• Sand	• Shovel
• Ice scraper/snow brush	• Change of clothing	• Sleeping bag or warm blanket

Consider postponing or cancelling a trip, even a few hours can mean higher temperatures; that the storm has passed; or that snow removal vehicles have had time to clear the roads.

For more information contact:

USAG Bamberg Installation Safety Office (ISO) DSN: 469-1670 / COM: 0951-300-1670

USAG Bamberg "Ready Army" Community Coordinator (BRACC) DSN: 469-9477